



JIU-JITSU

FRBJJ CASSELBERRY

CLASS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00am - 12:00pm						Kids BJJ (All Ages)
12:00pm - 1:00pm	Adult BJJ All Levels	Adult BJJ All Levels	No Gi Adult BJJ All Levels	Adult BJJ All Levels	Adult BJJ All Levels	BJJ OPEN MAT
4:45pm - 5:30pm	Kids BJJ (4 - 7 years old)	Kids BJJ (4 - 7 years old)	No Gi Kids BJJ (4 - 7 years old)	Kids BJJ (4 - 7 years old)	Kids BJJ (4 - 7 years old)	
5:30pm - 6:30pm	Kids BJJ (8 - 12 years old)	Kids BJJ (8 - 12 years old)	No Gi Kids BJJ (8 - 12 years old)	Kids BJJ (8 - 12 years old)	Kids BJJ (8 - 12 years old)	
6:30pm - 7:30pm	Teens & Adults BJJ Fundamentals	Teens & Adults BJJ Fundamentals	No Gi Teens & Adults BJJ Fundamentals	Teens & Adults BJJ Fundamentals	Teens & Adults BJJ Fundamentals	
7:30pm - 8:30pm	Adult BJJ All Levels	Adult BJJ All Levels	No Gi Adult BJJ All Levels	Adult BJJ All Levels	Adult BJJ All Levels	